

PRAYER

— TALK. LISTEN. ALIGN. —

PRAYER
CHANGES
EVERYTHING



DEFINITION



Simply,
talking
with God.

TYPES OF PRAYERS

- 1 Praise
- 2 Confession
- 3 Gratitude
- 4 Requests

PURPOSE



Prayer is meant to
connect and align
yourself with God
through personal and
consistent conversation.

GOAL



To begin and
strengthen a
life of prayer.

HOW TO PRAY



Set your focus
on God and just
start talking
with Him.



4-WEEK PLAN

TO START AND BUILD YOUR PRAYER LIFE



WEEK

1



START TO PRAY

- ✓ Begin with simple prayers of thanksgiving.
- ✓ Add other types of prayers as you go.
- ✓ Be casual and just learn to get comfortable talking with God.



WEEK

2



PRACTICE PRAYING

- ✓ Begin to pray as a family the simple prayers from week 1.
- ✓ Pray over your meals as a family.
- ✓ Invite your kids to pray.



WEEK

3



GROWING IN PRAYER

- ✓ Find new times during the day to pray.
- ✓ Try driving without the radio and talking with God instead.
- ✓ Talk with God while doing chores or going on walks.



WEEK

4



PRAY FOR OTHERS

- ✓ Be praying as a family regularly and daily.
- ✓ Pray for a stranger, even if it is a simple prayer from week 1.



PRAYER ISN'T ABOUT
PERFECT WORDS.
IT'S ABOUT A REAL
RELATIONSHIP
WITH A REAL GOD.



St. Johns
COMMUNITY CHURCH

